



The Power of Dreams

LANCASTER HONDA NORTH LANCA SHIRE AND DISTRICT
FOOTBALL LEAGUE

(MEMBERS OF THE LANCA SHIRE FOOTBALL ASSOCIATION)

CONSTITUTION FOR SEASON 2010-2011

| PREMIER DIVISION | DIVISION ONE | DIVISION TWO |
|-------------------------------|------------------------------|---------------------------------|
| BENTHAM Fc | ARNSIDE Fc | ALLITHWAITE RANGERS |
| BOWERHAM Fc | BOLTON LE SANDS | BENTHAM RESERVES |
| CARNFORTH RANGERS | BOYS CLUB | CARNFORTH RANGERS RES |
| CARTMEL & DISTRICT | CARTMEL RESERVES | GALGATE RESERVES |
| GALGATE Fc | CATON UNITED | GRANGE Fc |
| HIGHGROVE Fc | COLLEGE AFc | HEYSHAM Fc |
| INGLETON Fc | INGLETON RESERVES | HIGHGROVE RESERVES |
| FREEHOLD Fc | KIRKBY LONSDALE | KIRKBY LONSDALE RESERVES |
| MARSH UNITED | MARSH UNITED RESERVES | OVERTON and MIDDLETON |
| MORECAMBE ROYALS | MILLHEAD | SLYNE WITH HEST RESERVES |
| SLYNE WITH HEST | MORECAMBE ROYALS RES | TORRISHOLME Fc |
| STOREYS Fc | STOREYS RESERVES | WESTGATE WANDERERS |
| SWARTHMOOR S. C. | TRIMPELL Fc | |
| TIC DYNAMOS | | |
| 14 TEAMS | 13 TEAMS | 12 TEAMS |
| DIVISION THREE | | DIVISION FOUR |
| AFc MOORLANDS | | ARNSIDE RESERVES |
| BOYS CLUB RESERVES | | BOLTON LE SANDS RESERVES |
| BURTON THISTLE | | BURTON THISTLE RESERVES |
| CARNFORTH RANGERS A | | COLLEGE AFc RESERVES |
| CATON UNITED RES | | FREEHOLD RESERVES |
| GREGSON Fc | | GREGSON RESERVES |
| MOGHULS Fc | | HEYSHAM RESERVES |
| MORECAMBE GOLD | | INGLETON 'A' |
| OVERTON/MIDDLETON RES | | LANCASTER ROVERS |
| PILLING Fc | | MILLHEAD RESERVES |
| TRIMPELL RESERVES | | MOOR LANE Fc |
| VILLA ROYALE | | |
| 12 TEAMS | | 11 TEAMS |