

DIRECTORY OF CLUBS SEASON 2008-2009

PREMIER DIVISION

CARNFORTH RANGERS:

Secretary: Mr Steve Smith 4 Grosvenor Court, Carnforth, LA5 9TX. Tele:- (h) 01524-735140. (m) 0782-636-8350

Manager: Andy Taylor 0777-620-5845

Ground: Quarry Park, Lundsfield Carnforth. Take the A6 road to Carnforth. At traffic lights at crossroads in centre of Carnforth turn right (from Lancaster) turn left (from North). Turn right after next set of traffic lights immediately after going over a canal bridge, follow road to the end. Change in pavilion on ground.

Club Colours: Red Shirts with White Trim, Red Shorts with White Trim, Red Socks with White Trim.

Change Colours: Blue Shirts, Blue Shorts with White Trim, Blue Socks with White Trim.

Club Meeting: Held in the pavilion on ground on the first Thursday of the month at 7-30pm.

CARTMEL AND DISTRICT:

Secretary: Mr Mike Hemming, 3 The Fold, Cark, Nr Cartmel, LA11 7PA. Tele:- 015395-59200.

Manager: Steve Winfield 015395-35433

Ground: Cartmel Park, Cartmel (through village square to the park). Change in pavilion on park.

Club Colours: Yellow Shirts, Black Shorts, Yellow Socks.

Change Colours: Red Shirts, Black Shorts, Red Socks.

Club Meeting: Held in pavilion on ground on Wednesdays at 7-00pm

CATON UNITED:

Secretary: Mr Richard Jarvis, 32 Quernmore Road, Caton, Nr Lancaster LA2 9QA. Tele: 01524-771382 (mobile) 0783-128-1415

Groundsman: David Scholey Tele: 0781-845-8053

Ground: Station Hotel Sports Field, Caton. Take the A683 out of Lancaster to Caton. Ground behind Station Hotel, in the centre of the village. Park on field. Change in pavilion on ground.

Club Colours: ALL BLUE

Change Colours: Red Shirts Navy Blue Shorts Navy Blue Socks

Club Meeting: Held in the Station Hotel, on the first Tuesday of each month at 7-30pm.

GALGATE Fc

Secretary: Mr Malcolm Porter, 11 Gerrard Street, Lancaster, LA1 5LZ. Tele: 0784-652-6261

Ground: Recreation Ground Galgate, behind the Plough Hotel on the A6 road South of Lancaster. After traffic lights under railway bridge then turn right onto field. Park on car park. Alternative route is to travel South on M6 and leave at Junction 33 and take second exit at roundabout. Galgate $\frac{3}{4}$ mile to ground on left. Change in pavilion on ground.

Club Colours: Red Shirts, Black Shorts with Red Trim, Black Socks.

Change Colours: Yellow Shirts Black Shorts Black Socks.

Club Meeting: Held in the Plough Hotel on Wednesdays 7-30pm.

HALTON RANGERS:

Secretary: Mr Ian Pierpoint, 5, Oak Drive Halton on Lune Nr Lancaster LA2 6QJ Tele: 01524-811975 (m) 0787-619-4085

Manager: Iain Black 0781-774-6359

Ground: Community Centre Low Road Halton. From Lancaster past the Army Camp to a mini-roundabout, take the third exit and pass the Greyhound Hotel on right. Ground approx. 400 yards on left. Change in Community Centre.

Club Colours: ALL GREEN with WHITE TRIM

Change Colours: Gold Shirts, Navy Blue Shorts Navy Blue Socks

Club Meeting: Held in Halton Social club on the first Tuesday of each month at 8-00pm.

HIGHGROVE Fc:

Secretary: Mr Jack Mitchell 8 Gressingham Drive Lancaster LA1 4RF Tele: 01524-845779. (m) 0793-293-3518

Ground: Royal Albert Hospital playing fields. From City Centre take the A6 road South past the Royal Lancaster Infirmary to roundabout. Take 3rd exit and follow road past school on right then over Railway Bridge. Take first exit at the second mini-roundabout into Cherry Tree Drive. Follow road to right to car park. Change in pavilion on ground. **Do not park cars on private road, you may be clamped.** Additional parking is available by going over second mini-roundabout and take first turn left into car park. Ground two

Club Colours: ALL BLUE

Change Colours: ALL WHITE

Club Meeting: Held in the Bowling Green Hotel on the first Monday in each month at 7-00pm.

INGLETON:

Secretary: Mr Peter Boardman Ingleton Hall Ingleton, Via Carnforth, LA6 3BN. Tele: 015242-41292 (m) 0794-188-7857

Ground: Ingleton Community Centre, Sports Field. Turn left after the Iron Bridge, then second right onto the Community Centre car park. Spectators must pay to park on the car park. Free parking tickets for players available from Ingleton Fc Change in Community Centre.

Club Colours: Black and White Striped Shirts, Black Shorts White Socks.

Change Colours: Blue Shirts with Yellow Trim, Yellow Shorts, Yellow Socks:

Club Meeting: Held in the Ex-Servicemen's Club on Mondays at 8-30pm:

KIRKBY LONSDALE Fc

Secretary: Miss Barbara Chadwick, 27, Lower Abbotsgate, Kirkby Lonsdale, Via Carnforth, LA6 2JU. Tele: (bus) 01539-815563 (M) 0773-466-9635

Manager: Brian Pennington Tele: (h)015242-71612: (M) 0787-942-1523.

Club Manager: Bob Turner Tele: 015242-71834.

Ground: Lunefield Park, Kirkby Lonsdale, Via Devils Bridge. Change on ground.

Club Colours: Royal Blue and White Shirts, Royal Blue and White Shorts, White and Royal Blue Socks

Change Colours: White and Royal Blue Shirts, White Shorts, Royal Blue and White Socks.

Club Meeting: Held in The Kings Arms Hotel, Kirkby Lonsdale on the first Tuesday of each month at 8-00pm.

MARSH UNITED:

Secretary: Mr Raymond Cunningham, 73, Willow Lane, Marsh, Lancaster, LA1 5PR. Tel: (h) 01524-841867

Chairman: Bill Marshall 01524-69102.

Ground: 'Coronation Field 'Willow Lane, Lancaster. From the City Centre to Castle Railway Station, then follow road to the end then turn right. Ground on left. Change in pavilion on ground. Separate changing room for referees.

Club Colours; Yellow and Black Shirts, Black Shorts, Yellow Socks.

Change Colours: ALL BLUE

Club Meeting: Held in Victoria Hotel on Mondays monthly at 8-00pm.

MORECAMBE HOOPS:

Secretary: Mr Gerry Donaghue 44 Norfolk Avenue Morecambe LA3 1JF Tele: 01524-419694 (m) 0773-300-4225

Ground: Pitch No 2 Salt Ayre Sports Centre Scale Hall Lancaster. Take the Lancaster to Morecambe Road. At the first roundabout take the first exit onto Ovangle Road. Turn left just past 'ASDA' and immediately left again and follow roads to the Sports Centre. Change in the Sports Centre.

Club Colours: Green and White Hooped Shirts White Shorts Green and White Socks

Change Colours: Black and Red Striped Shirts Black Shorts Black Socks.

Club Meeting: Held in Ma Murphy's Irish Pub in Morecambe on the last Saturday of each month at 6-30pm.

MORECAMBE ROYALS

Secretary: Mr Terry Drake 21 Slyne Road Lancaster LA1 2HX Tele: 01524-383941 (m) 0794-027-0345

Ground: Pitch No 3 Salt Ayre Sports Centre, Scale Hall, Lancaster. Take the Lancaster to Morecambe Road, at the first roundabout take the first exit onto Ovangle Road, turn left just past 'Asda' then immediately left again and follow road to the Sports Centre. Change in the Sports Centre

Club Colours: Pale Blue Shirts, Claret Shorts, Claret and Blue Socks.

Change Colours: ALL NAVY BLUE with ORANGE TRIM.

Club Meeting: Held in the in the George Hotel, Torrisholme on the last Sunday of each month at 7-00pm.

STOREYS of LANCASTER:

Secretary: Mr Ken Udall, 66 Parkfield Drive Lancaster, LA1 4BU Tele: 01524-34965 (m) 0785-192-4717.

Manager: Steven Stirzaker

Ground: From North to Lancaster City Centre. Follow A6 road South past Royal Lancaster Infirmary to roundabout. Take first exit onto Bowerham Road for approx ½ mile. Take the second turn right after the Bowerham Hotel onto Wellington Road, then either turn first left onto York Road or carry on to end of road to garages, ground behind lock-up garages on left. Change in pavilion on ground.

Club Colours: Dark Blue Shirts, White Shorts, Dark Blue Socks

Change Colours: Red Shirts, Black Shorts, Red Socks.

Club Meeting: Held in Fox and Goose Hotel on first Wednesday of each month at 8-00pm.

SWARTHMOOR SOCIAL CLUB:

Secretary: Mr Brian Atkinson 3 Birkrigg Close Trinkeld Swarthmoor Nr Ulverston Cumbria LA12 0SA Tele: 01229-582540

Ground: Park Road Swarthmoor. Follow signs to Barrow in Furness. At Ulverston continue on A590 for 2 miles to Swarthmoor. Take the first turn left in village signed Park Road, go past Park Road Service Station. Ground on left. Change in pavilion on ground.

Club Colours: Red Shirts Black Shorts with Red Trim Black Socks with Red Tops.

Change Colours: Yellow Shirts, Yellow Shorts, Blue Socks

Club Meeting: Held in pavilion on ground on the first Wednesday of each month at 7-30pm.

T.I.C.DYNAMOS

Secretary: Mr Dave Cunliffe 9 Chatsworth Road Morecambe LA4 4JG Tele: 01524-418623

Manager Mick Daley Tele: (h) 01524-421072 (m) 0778-816-6195

Ground: King Georges playing fields Slyne Road Lancaster. On the A6 going North from Lancaster just before a Petrol Station and Canal Bridge. Change in pavilion on ground.

Club Colours: Yellow and Navy Striped Shirts, Navy Blue Shorts, Yellow Socks.

Change Colours: Red and White Striped Shirts, Red Shorts, White Socks.

Club Meeting: Held in the Ma Murphys, on the first Thursday in each month at 9-00pm.

DIVISION ONE

BENTHAM Fc

Secretary: Mrs Louise France, Maidencroft House, High Bentham, Nr Lancaster LA2 7HQ. Tel: (h) 015242-63083(m) 0778-814-8306

Manager: Graham Cochrane Tele: 0776-588-2579

Ground: Playing fields Wenning Avenue High Bentham. From Lancaster take the A683 and head for Caton then Hornby. Follow signs for Wray then Bentham. On entering Bentham pass Grammar School playing fields on left with Grammar School on right. Over river bridge and straight on to High Bentham, turn right immediately before the Black Bull Hotel into Station Road. Turn right after crossing railway bridge. Ground on right. Change in pavilion on ground.

Club Colours: Black and Red Shirts, Black Shorts, Black Socks with Red Hoop.

Change Colours: Black and White Shirts, Black Shorts, Black Socks with White Hoop.

Club Meeting: Held in the Black Bull Hotel on Mondays monthly at 8-00pm.

BOWERHAM Fc

Secretary: Mrs Deborah Bouskill, 8 Exeter Avenue, Lancaster, LA1 4AL. Tele: 01524-381718.

Ground: St. Martins College, University of Cumbria. From the City Centre (Town Hall) keep in left hand lane on A6 round going South. Pass Lancaster Infirmary on right go ahead on South Road to roundabout. Take left turn onto Bowerham Road for approx 1 mile. Turn left onto Coulston Road. Ground ¼ on left. Change in the Sports Complex off Wyresdale Road opposite Williamson Park.

Club Colours: Red Shirts with White Sleeves, Black Shorts Black Socks.

Colours: White Shirts, Black Shorts, White Socks. **Change Club**

Meeting: Held at 8 Exeter Avenue Lancaster on first Sunday in each month at 8-00pm.

BOYS CLUB OF LANCASTER:

Secretary: Mr Martin Humpage 52 Wingate Saul Road Fairfield Lancaster LA1 5DP Tele: (h) 01524-381762 (m) 0787-612-4467

Ground: Willow Lane Marsh Lancaster. From City Centre to Castle Railway Station then follow road to end. Turn right, ground on left. Change in the Boys Club on Dallas Road.

Club Colours: Blue Shirts, White Shorts, White Socks.

Change Colours: White Shirts Blue Shorts Blue Socks.

Club Meeting: Held in the Boys Club Dallas Road Lancaster on Thursdays at 8-00pm.

CARTMEL & DISTRICT RESERVES

Secretary: Mr Mike Hemming, 3, The Fold, Cark in Cartmel, Cumbria LA11 7PA Tele: (h) 015395-59200

Manager: Neil Birch 0787-068-1059

Ground: Cartmel Park Cartmel (through the village to the park) Change in pavilion on ground.

Club Colours: Red Shirts Black Shorts Red Socks

Change Colours: Yellow Shirts Black Shorts Yellow Socks.

Club Meeting: Held in pavilion on ground on Wednesdays at 7-00pm

COLLEGE AFC:

Secretary: Mr Paul Fairclough, 47 Lister Grove, Heysham, LA3 2DG Tele: 01524-850342 (m) 0776-968-4106

Ground: Lancaster and Morecambe College of Further Education. From City Centre take the Lancaster to Morecambe Road. The sports ground is on the right after the first roundabout. Change in the Sports Centre.

Club Colours: ALL ROYAL BLUE.

Change Colours: Red and Blue Shirts, Navy Blue Shorts, Navy Blue Socks.

Club Meeting: Held in Lancaster & Morecambe College on Wednesdays at 8-00pm

GRANGE FC:

Secretary: Mr Robert Burrow, 43 Fell Close Grange over Sands Cumbria LA11 7JG Tele: 015395-32439.

Ground: Yew Tree playing fields Grange. Through the town then take the second left after the Fire Station. Change in pavilion on ground.

Club Colours: Yellow Shirts, Blue Shorts, Yellow Socks.

Change Colours: Red Shirts, White Shorts, Red Socks

Club Meeting: Held in the pavilion on ground on the first Thursday of each month starting at 8-00pm.

HIGHGROVE RESERVES:

Secretary: Mr Jack Mitchell 8 Gressingham Drive Lancaster LA1 4RF Tele: 01524-845779. (m) 0793-293-3518

Ground: Royal Albert Hospital playing fields. From City Centre take the A6 road South past the Royal Lancaster Infirmary to roundabout. Take 3rd exit and follow road past school on right then over Railway Bridge. Take first exit at the second mini roundabout into Cherry Tree Drive. Follow road to right to car park. Change in pavilion on ground. **Do not park cars on private road, you may be clamped.** Additional car parking is available by going over second mini-roundabout and taking the first turn left into car park. Ground two minutes walk away.

Club Colours: ALL BLUE

Change Colours: ALL WHITE

Club Meeting: Held in the Bowling Green Hotel on the first Monday in each month at 7-30pm.

INGLETON RESERVES:

Secretary: Mr Peter Boardman Ingleton Hall Ingleton Via Carnforth LA6 3BN Tele: 015242-41292. (m) 0794-188-7857.

Ground: Community Centre Ingleton. Turn left after the Iron Bridge then second right onto the Community Centre car park. Spectators pay to park on this car park. Free parking tickets available from Ingleton Fc. Change in the Community Centre.

Club Colours: Black and White Striped Shirts Black Shorts White Socks.

Change Colours: Blue Shirts with Yellow Trim Yellow Shorts Yellow Socks.

Club Meeting: Held in the Ex-Servicemens Club on Mondays at 8-30pm:

MARSH UNITED RESERVES:

Secretary: Mr Raymond Cunningham, 73, Willow Lane, Marsh, Lancaster LA1 5PR Tele: 01524-841867

Chairman: Mr Billy Marshall 01524-69102 (m) 0771-398-6514

Ground: Coronation Field Willow Lane Lancaster. From the City Centre to Castle Railway Station then follow road to the end then turn right. Ground on left. Change in pavilion on ground.

Club Colours: Navy and Ice Blue Shirts Blue Shorts, Ice Blue Socks.

Change Colours: Yellow Shirts Navy Blue Shorts Yellow Socks.

Club Meeting: Held in the Victoria Hotel on Mondays monthly at 8-00pm.

MILLHEAD Fc

Secretary: Mr Drew Davidson 17a Hazelmount Drive Warton Nr Carnforth LA5 9HR Tele: 01524-732831

Ground: Iodine Park Millhead. From Lancaster take the A6 North to Carnforth. Turn left at the traffic lights then first right after crossing hump backed river bridge. Change in pavilion on ground.

Club Colours: ALL RED.

Change Colours: Blue Shirts, Blue and White Shorts, White Socks

Club Meeting: Held in the 'Nib' Hotel Millhead on the first Monday of each month at 7-00pm.

MORECAMBE ROYALS RESERVES:

Secretary: Mr Terry Drake, 21 Slyne Road Lancaster LA1 2HX
Tele: 01524-383941 (m) 0794-027-0345

Ground: Pitch No 3 Salt Ayre Sports Centre, Scale Hall
Lancaster. Take the Lancaster to Morecambe Road. At the first
roundabout take the first exit onto Ovangle Road, turn left
just past 'ASDA' then immediately left again and follow road
to the Sports Centre. Change in Sports Centre.

Club Colours: Royal Blue and White Hooped Shirts, Royal Blue
Shorts, Royal Blue and White Socks.

Change Colours: ALL NAVY BLUE with ORANGE TRIM.

Club Meeting: Held in the George Hotel, Torrisholme, on the
last Sunday in each month at 7-00pm.

SLYNE with HEST (LCC):

Secretary: Mr Chris Knowles, 28, Forgewood Drive, Halton, Nr
Lancaster, LA2 6NY. Tele: 01524-811515. (m) 0771-088-7811

Ground: Bottomdales, Slyne. From Lancaster take the A6 North to
Slyne. Take the first right after passing the Slyne Lodge
signposted Halton. Ground Approx 400 metres on left. Park cars
in car park **and not on the road**. Change in pavilion on ground

Club Colours: Sky Blue Shirts, Navy Blue Shorts, Navy Blue
Socks.

Change Colours: ALL WHITE

Club Meeting: Held in Hest Bank Hotel on the first Monday of
each month at 8-00pm.

STOREYS of LANCASTER RESERVES:

Secretary: Mr Ken Udall 66 Parkfield Drive Lancaster LA1 4BU
Tel: 01524-34965 (m) 0785-192-4717

Ground: York Road Playing Field. From north to Lancaster City
Centre. Follow A6 road south past Royal Lancaster Infirmary to
roundabout. Take first exit onto Bowerham Road for
approximately ½ mile. Take the second turn right after the
Bowerham Hotel onto Wellington Road, then either turn first
left onto York Road or carry on to end of road to lock up
garages on left. Change in pavilion on ground.

Club Colours: Red Shirts, Black Shorts, Red Socks.

Change Colours: Navy Blue Shirts, White Shorts, Navy Blue
Socks

Club Meeting: Held in the Fox and Goose Hotel on the first
Wednesday of each month at 8-00pm.

TORRISHOLME Fc

Secretary: Miss Adele Partridge, 20 De Vitre Cottages, Ashton Road, Lancaster, LA1 5AN. Tele: 01524-69012. Mobile 0797-945-0653

Ground: Pitch No1 Salt Ayre Sports Centre, Scale Hall, Lancaster. Take the Lancaster to Morecambe Road. At the first roundabout take the first exit onto Ovangle Road. Turn left just past 'ASDA' and immediately left again follow road to Sports Centre. Change inside Sports Centre.

Club Colours: Royal Blue Shirts with White Trim, Royal Blue Shorts, Royal Blue Socks with White Stripes round top.

Change Colours: White Shirts with Black Trim, White Shorts, White Socks.

Club Meeting: Held in the Breakers Snooker Club, Morecambe, on the last Wednesday in each month at 8-00pm.

DIVISION TWO

ARNSIDE Fc

Secretary: Mr Adam Donaldson, Brierly Mount Arnside LA5 0EF
Tele: 01524-761748.(m) 0773-955-4664

Ground: Memorial playing fields, Silverdale Road, Arnside.
From the promenade in Arnside turn by the Albion Hotel onto Silverdale Road. Ground approximately 400 yards on left. Park cars at the rear of the Catholic Church. Change in pavilion on ground.

Club Colours: Blue Shirts with Black Striped Sleeves, Black Shorts, Black Socks.

Change Colours: Red Shirts, Black Shorts, Black Socks.

Club Meeting: Held in the pavilion on ground on the second Tuesday of each month at 7-30pm.

BOLTON LE SANDS:

Secretary: Mr Ian Burrows 33A, Church Brow, Bolton le Sands Nr Carnforth LA5 8DY Tele:- (m) 0782-110-9881.

Ground:-Packet Boat Lane Bolton Le Sands. Take the A6 North from Lancaster into village. Ground at rear of Packet Boat Hotel with car park. Change in pavilion on ground.

Club Colours:-White Shirts with Blue Trim down Sleeves, Blue Shorts, Blue Socks.

Change Colours:- Yellow Shirts, Black Shorts, Yellow Socks.

Club Meeting:- Held in the Blue Anchor Hotel, Bolton-Le Sands on the last Tuesday of each month at 8-30pm

CATON UNITED RESERVES

Secretary: Mr Richard Jarvis 32 Quernmore Road Caton Nr Lancaster LA2 9QA. Tele: 01524-771382 (m) 0783-128-1415

Groundsman: David Scholey 01524-771512

Ground: Station Hotel Sports Field. Take the A683 out of Lancaster to Caton, ground behind Station Hotel. Park on car park on field. Change in pavilion on ground.

Club Colours: Red Shirts, Navy Blue Shorts, Red Socks.

Change Colours: Sky Blue Shirts Navy Blue Shorts Navy Blue Socks

Club Meeting: Held in the Station Hotel, Caton on the first Tuesday of each month at 7-30pm.

FREEHOLD Fc

Secretary: Mr Kevin Davies, 6, Firbank Road, Lancaster LA1 3HL
Tele:- (h) 01524-39967 (m) 0785-336-4749.

Ground: King Georges playing fields No 2 pitch, Slyne Road
Lancaster. On the A6 going North of Lancaster just before a
Petrol Station and Canal Bridge. Change in pavilion on ground.

Club Colours: Royal Blue and Maroon Striped Shirts, Royal Blue
Shorts, Royal Blue Socks.

Change Colours: Black and Yellow Quartered Shirts, Black
Shorts, Black Socks.

Club Meeting: Held at in Rose Tavern, Ullswater Road
Lancaster, every Saturday at 5-30pm.

FURNESS ROVERS Fc:

Secretary: Mr James McNally, 14, Brock Street, City Centre,
Lancaster, LA1 1UU. Tele: (m) 0773-838-9861.

Ground: King Georges playing fields No 1, Slyne Road, Lancaster.
On the A6 going North from Lancaster, on the left just before a
Spar Shop and Canal Bridge. Change in pavilion on ground.

Club Colours: White Shirts, Blue Shorts, Blue Socks.

Change Colours: ALL BLUE

Club Meeting: Held in the Lancaster University Furness College
bar each Wednesday at 7-00pm.

GALGATE RESERVES:

Secretary: Mr Malcolm Porter, 11, Gerrard Street, Lancaster
LA1 5LZ Tele: (m) 0784-652-6261

Ground: Recreation Ground, Galgate, behind the Plough Hotel on
A6 road South of Lancaster. After traffic lights under Railway
Bridge then right onto field. Park on car park. Alternative
route is to travel South on M6 and leave at Junction 33.
Galgate $\frac{3}{4}$ mile to the North, ground on left. Change in
pavilion on ground.

Club Colours: Red Shirts, Black Shorts with Red Trim, Black
Socks.

Change Colours: Yellow Shirts Black Shorts Black Socks

Club Meeting: Held in the Plough Hotel Galgate on Wednesdays
at 7-30pm.

KIRKBY LONSDALE RESERVES:

Secretary: Miss Barbara Chadwick 27 Lower Abbotsgate Kirkby Lonsdale Via Carnforth LA6 2JU Tele: (Bus) 01539-815563 (M) 0773-466-9635.

Manager: Frank McGrotty (h)015242-72209. (m) 0777-077-4678

Club Manager: Bob Turner 015242-71834

Ground: Lunefield Park Kirkby Lonsdale Via Devils Bridge. Change on ground.

Club Colours: ALL ROYAL BLUE and WHITE

Change Colours: White and Red Shirts, White Shorts, White

Socks **Club Meeting:** Held in the Kings Arms Kirkby Lonsdale the first Tuesday of each month at 8-00pm.

MIDDLETON:

Secretary: Mrs Sharon Turner 36 Dean Point Westgate Morecambe LA3 3DJ Tele: 01524-423997.

Ground: Middleton Park. From Lancaster take the Morecambe Road to second roundabout then take first exit onto A683 road. Continue on this road to third roundabout then take first exit for 1 and a half miles. Ground on right. Change in pavilion on ground.

Club Colours: Black and White Striped Shirts, Black Shorts, White Socks.

Change Colours: Navy Blue and Black Striped Shirts, Black Shorts White Socks.

Club Meeting: Held in Middleton Social Club on the first Monday of each month at 7-00pm.

MORECAMBE CRICKET CLUB Fc:

Secretary: Mr G Millican 71 Ulster Road, Bowerham Lancaster LA1 4AH. Tele: 01524-846864

Manager: John Cassidy (m) 0783-016-5210

Ground: Trimpell Sports Ground, Outmoss Lane, Morecambe. From Lancaster take the Lancaster to Morecambe Road. At the third roundabout take the second exit, and go past Christie Park. Turn left just before the York Hotel onto James Street to pitch. Change in the pavilion next to ground.

Club Colours: Light Blue and White Striped Shirts, Dark Blue Shorts, Dark Blue Socks.

Change Colours: Red and Black Striped Shirts, Black Shorts Black Socks

Club Meeting: Held in Trimpell Club on Wednesdays at 9-00pm.

OVERTON Fc:

Secretary: Mr Pat Riley 34A, Shorefields, Carr Lane, Middleton, Morecambe LA3 3LL Tele: 01524-858773 (m) 0790-163-0133

Ground: Overton playing fields. From Lancaster take the Morecambe Road to second roundabout and take first exit. Head towards Heysham on the A683 road. At second roundabout take first exit onto Moss Road towards Overton. At a fork in the road bear left to Overton. Continue on Lancaster Road, entrance to ground is on the right side opposite Kevin Grove. (Park on road and Please respect the neighbours). Change in pavilion on ground.

Club Colours: ALL BLUE

Change Colours: Red Shirts, Black Shorts, Black Socks

Club Meeting: Held in the Ship Hotel, Overton, on the first Monday of the month at 7-30pm.

SLYNE with HEST (LCC) 'A':

Secretary: Mr Chris Knowles 28 Forgewood Drive Halton on Lune Nr Lancaster LA2 6NY Tele: 01524-811515. (m) 0771-088-7811

Ground: Ryelands Park No 1 pitch. From City Centre take A6 over Greyhound Bridge. Take right hand fork in road signposted Carnforth At traffic lights just before petrol station turn left onto Torrisholme road. Park opening is approx 300 yards on left just before John O'Gaunt Hotel. Change in pavilion on ground

Club Colours: Sky Blue Shirts, Sky Blue and White Shorts, White Socks.

Change Colours: ALL WHITE

Club Meeting: Held in the Hest Bank Inn on the first Monday of the month at 8-00pm.

SWARTHMOOR SOCIAL CLUB RESERVES:

Secretary: Mr Brian Atkinson 3 Birkrigg Close Trinkeld Swarthmoor Cumbria LA12 0SA Tele: 01229-582540

Ground: Park Road Swarthmoor. Follow signs for Barrow in Furness. At Ulverston continue on A590 for 2 miles to Swarthmoor. Take the first left in village onto Park Road and past Park Road Service Station. Ground on left. Change in pavilion on ground.

Club Colours: Red Shirts with Black Trim, Black Shorts with Red Trim, Black Socks with Red Top.

Change Colours: Black and White Striped Shirts, Red Shorts Red Socks

Club Meeting: Held in the pavilion on ground on the first Wednesday of each month at 7-30pm.

WESTGATE WANDERERS:

Secretary: Mr Graham Wallbank, 11 Berwick Way, Heysham LA3 2UA
Tele: 01524-859181 (m) 0788-798-6720

Manager:- Andrew Lockley 0798-864-5404

Ground: Westgate playing fields off Langridge Way Westgate.
From Lancaster take the Morecambe Road to the third roundabout
(Shrimp Roundabout) take the first exit head for Westgate over
bridge and through traffic lights. Turn right just after
Primary School onto Langridge Way. Turn left just before
Venture Caravan site, ground and parking facilities at the end
of road. Change in Trimpell club

Club Colours: ALL SKY BLUE.

Change Colours: ALL MAROON

Club Meeting: Held in Trimpell club on the first Tuesday of
each month at 7-00pm.

DIVISION THREE

ALLITHWAITE RANGERS:

Secretary: Mr Jonathon Porter 3 Market Street, Flookburgh, Grange over Sands Cumbria LA11 7JU Tele: (h) 015395-58637 (m) 0792-947-2718

Ground: Allithwaite playing fields, Quarry Lane. From Lancaster to Grange, then through to Allithwaite. Turn right at the 'Guide over Sands Hotel' into Church Lane, follow road and turn right just after Post Office into Quarry Lane. Change in pavilion next to pitch.

Club Colours: Red Shirts, Navy Blue Shorts, Black Socks.

Change Colours: White Shirts, Black Shorts, Black Socks.

Club Meeting: Held in the Ravenstown Club, on the first Wednesday of each month at 7-45pm.

ARNSIDE RESERVES:

Secretary: Mr Adam Donaldson Briery Mount LA5 0EC Tele:- 01539-761748 (m) 0773-955-4664

Ground: Memorial Playing Field, Silverdale Road, Arnside. From the Promenade turn by the Albion Hotel onto Silverdale Road. Ground approx 400 metres on left. Park cars at the rear of the Catholic Church. Change in pavilion on ground.

Club Colours: Blue Shirts with Black Striped Sleeves, Black Shorts, Black Socks.

Change Colours: Red Shirts, Black Shorts, Black Socks.

Club Meeting: Held in the pavilion on ground on the second Tuesday of each month at 7-30pm

BENTHAM RESERVES:

Secretary: Mrs Louise France, Maidencroft House, High Bentham Nr Lancaster LA2 7HQ. Tele: (h) 015242- 63083 (m)0778-814-8306.

Manager: Bryan Jackson Tele: (h)015242-62439 (m) 0780-240-3169

Ground: From Lancaster take the A683 and head for Caton then Hornby. Follow signs for Wray then Bentham. On entering Bentham pass Grammar School playing fields on left with Grammar School on right. Over river bridge and straight on for High Bentham. Turn right immediately before the Black Bull Hotel and carry on over Railway Bridge then turn right into Wenning Avenue, ground on right. Change in pavilion on ground.

Club Colours: Red and Black Shirts, Black Shorts, Black Socks with Red Hoops.

Change Colours: Blue and White Shirts, Blue Shorts, Blue Socks.

Club Meeting: Held in the Black Bull Hotel on Mondays monthly at 8-00pm.

BURTON THISTLE:

Secretary: Mrs Helen Jones, 7 Redruth Drive, Carnforth, LA5 9TT
Tele:- (h) 01524-735885 (m) 0791-769-6503

Ground: Curwen Woods Clawthorpe Burton in Kendal. Take the A6 or M6 to Carnforth. Turn right onto A6070 for Burton in Kendal Change behind the Royal Hotel Main Street Burton in Kendal. Ground one mile ahead.

Club Colours: Black and Green Shirts Black Shorts Black Socks

Change Colours: Sky Blue and White Shirts Navy Blue Shorts Navy Blue Socks.

Club Meeting:-Held in the Longlands Hotel Tewitfield Nr Carnforth on the first Monday of each month at 8-00pm.

BOLTON LE SANDS RESERVES:

Secretary: Mr Ian Burrows 33A, Church Brow, Bolton Le Sands Nr Carnforth LA5 8DY Tele: (m) 0782-110-9881

Ground: Packet Boat Lane, Bolton Le Sands. Take the A6 road North from Lancaster into village. Ground at the rear of Packet Boat Hotel with car park. Change in pavilion on ground.

Club Colours: Yellow Shirts, Blue Shorts, Blue Socks.

Change Colours: White Shirts, Blue Shorts, White Socks.

Club Meeting: Held in the Blue Anchor Hotel Bolton Le Sands on the last Tuesday of each month at 8-30pm.

BOYS CLUB OF LANCASTER RESERVES:

Secretary: Mr Martin Humpage, 52, Wingate Saul Road, Fairfield, Lancaster, LA1 5DP.

Tele: 01524-381762. (m) 0787-612-4467

Manager: Kevin Smith (h) 01524-416825 (bus) 01524-62690

Assistant Manager: Martin Clarke 01524-60315. (m) 0773-279-9066.

Ground: Willow Lane, Marsh, Lancaster. From City Centre to Castle Railway Station then follow road to the end. Turn right and ground on left. Change in Boys Club on Dallas Road, Lancaster.

Club Colours: Blue Shirts, White Shorts, Blue Socks.

Change Colours: White Shirts, Blue Shorts, White Socks.

Club Meeting: Held in the Boys Club, Dallas Road, Lancaster on Thursdays at 8-00pm.

CARNFORTH RANGERS RESERVES:

Secretary: Mr Steve Smith 4 Grosvenor Court, Carnforth, LA5 9TX
Tele:- (h) 01524-735140 (m) 0782-636-8350

Ground: Quarry Park Lundsfield Carnforth. Take A6 road to Carnforth. At traffic lights at crossroads in centre of Carnforth turn left (from North) turn right (from South). Turn right after next traffic lights immediately after canal bridge, follow road to the end. Change in pavilion on ground.

Club Colours: Blue Shirts with White Trim, Blue Shorts with White Trim. Blue Socks with White Trim.

Change Colours: Red Shirts, Red Shorts with White Trim, Red Socks with White Trim.

Club

Meeting: Held in pavilion on ground on the first Thursday of each month at 7-30pm

GRANGE RESERVES:

Secretary: Mr Robert Burrow 43 Fell Close Grange over Sands Cumbria LA11 7JG Tele: (h) 015395-32439

Ground: Yew Tree playing fields Grange. Through the town and take the second left after the Fire Station. Change in pavilion on ground.

Club Colours: Yellow Shirts, Blue Shorts, Yellow Socks.

Change Colours: Red Shirts, White Shorts, Red Socks

Club Meeting: Held in the pavilion on ground on the first Thursday of each month at 8-00pm.

GREGSON Fc:

Secretary: Mr Steve Archer, 51, Meadowside, Lancaster LA1 3AQ
Tele: 01524-67228

Ground: Far Moor No 1 pitch. From the traffic lights at Lancaster Town Hall, Dalton Square, turn left onto East Road, past Cathedral on right. Keep on road for approx $\frac{3}{4}$ mile then turn left just before Lancaster Moor Hospital, ground on right. Change in pavilion on ground.

Club Colours: Blue and Black Striped Shirts, Black Shorts, Black Socks

Change Colours: ALL RED

Club Meeting: Held in Gregson Centre on the first Tuesday of each month at 9-00pm.

HALTON RANGERS RESERVES:

Secretary: Mr Iain Pierpoint, 5, Oak Drive, Halton on Lune, Nr Lancaster LA2 6QJ. Tele: 01524-811975 (m) 0787-619-4085.

Manager: Gareth Jacks 0771-390-0773.

Ground: Community Centre, Low Road, Halton. From Lancaster, turn right at mini-roundabout onto Low Road, pass Greyhound Hotel on right. Ground approx.400 yards on left. Change in Community Centre.

Club Colours: Red Shirts, Black Shorts, Black Socks.

Change Colours: Gold Shirts, Navy Blue Shorts, Navy Blue Socks.

Club Meeting: Held in Halton Social Club on the first Tuesday of each month at 7-00pm.

HEYSHAM Fc:

Secretary: Samantha Drew, 2, St. Patricks Walk, Heysham, LA3 2PJ. Tele: (h) 01524-858155. (m) 0772-761-1044.

Ground:-Heysham High School. From Lancaster take the Lancaster to Morecambe Road. At the third roundabout take the first exit. Follow road and go over two bridges, after the second bridge turn onto Osbourne Road. Changing rooms at the end of Osbourne Road in Heysham High School.

Club Colours: Sky Blue Shirts with White Trim, White Shorts, Sky Blue Socks with White Trim.

Change Colours: Red Shirts with Black Trim, Black Shorts, Black Socks.

Club Meeting: Held in 2 St. Patricks Walk, Heysham on the first Sunday in the month at 7-00pm.

SQUIRES Fc:

Secretary: Mr Paul Davies, 14 Buoymasters, Lancaster, LA1 1HL. Tele:-(m) 0785-152-3081.

Ground: Royal Albert Sports Field. From City Centre, take the A6 road South past Royal Lancaster Infirmary to roundabout, take third exit and follow road past school on right and over Railway Bridge. Take the first exit at the second mini-roundabout into Cherry Tree Drive. Follow road right to car park. Change in pavilion on ground. **Do not park cars on private road, you may be clamped.** Additional car parking is available. Go over the second mini-roundabout and turn left into car park. Ground two minutes walk away.

Club Colours: ALL BLUE.

Change Colours: White Shirts, Black Shorts, White Socks.

Club Meeting: Held in Squires Snooker Centre on Tuesdays at 7-30pm.

TORRISHOLME RESERVES:

Secretary: Miss Adele Partridge 20 De Vitre Cottages Ashton Road Lancaster LA1 5AN Tele: 01524-69012 (M) 0797-945-0653

Ground: Pitch No 1 Salt Ayre Sports Centre Scale Hall Lancaster. From Lancaster take the Lancaster to Morecambe Road. At the first roundabout take the first exit onto Ovangle Road. Turn left just past 'ASDA' and the immediately left again and follow road to Sports Centre. Change in Sports Centre.

Club Colours: Yellow Shirts, Black Shorts, Yellow Socks.

Change Colours: Blue and White Striped Shirts, Royal Blue Shorts, White Socks.

Club Meeting: Held in Breakers Snooker Club, Morecambe, on the last Wednesday of the month at 8-00pm.

DIVISION FOUR

A.F.C. MOORLANDS:

Secretary: Mr David Brown, 50, Watery Lane, Lancaster LA1 2SL
Tele: 01524-388706. (m) 0787-969-8794.

Ground: Far Moor No 1 pitch. From the traffic lights at Lancaster Town Hall, Dalton Square, turn left onto East Road, past Cathedral on right. Keep on road for approx. $\frac{3}{4}$ mile then turn left just before Lancaster Moor Hospital, ground on right. Change in pavilion on ground.

Club Colours: Red and White Striped Shirts, Black Shorts, Red Socks.

Change Colours: Dark and Light Blue Striped Shirts, Dark Blue Shorts, Blue Socks.

Club Meeting: Held fortnightly on Wednesdays in the Moorlands Hotel at 8-30pm.

BURTON THISTLE RESERVES:

Secretary: Mrs Helen Jones, 7, Redruth Drive, Carnforth LA5 9TT
Tele: (h) 01524-735885. (m) 0791-769-6503.

Ground: Curwen Woods, Clawthorpe Burton in Kendal. Take A6 or M6 to Carnforth. Turn right onto A6070 for Burton in Kendal. Change behind the Royal Hotel in the centre of the village. Ground one mile ahead.

Club Colours: Sky Blue and White Shirts, Navy Blue Shorts, Navy Blue Socks.

Change Colours: Black and Green Shirts, Black Shorts, Black Socks.

Club Meeting: Held in the Longlands Hotel, Tewitfield, Nr. Carnforth on the first Monday of each month at 8-00pm.

COLLEGE AFc RESERVES:

Secretary: Mr Paul Fairclough, 47, Lister Grove, Heysham, LA3 2DG.
Tele:- 01524-850342. (m) 0776-968-4106.

Ground: Lancaster and Morecambe College of Further Education. From City Centre take the Lancaster to Morecambe Road. The sports ground is on the right after the first roundabout. Change in the Sports Centre.

Club Colours: ALL ROYAL BLUE.

Change Colours: Red Shirts, Navy Blue Shorts, Navy Blue Socks

Club Meeting: Held in Lancaster and Morecambe College on Wednesdays at 8-00pm.

GREGSON RESERVES Fc:

Secretary: Mr Steve Longstaffe 197 Scotforth Road Lancaster LA1 4PR Tele: 01524-67695 (m) 0797-430-0638

Ground: Far Moor No 2 pitch. From the traffic lights at Lancaster Town Hall, Dalton Square, turn left into East Road, past Cathedral on right. Keep on road for approx. $\frac{3}{4}$ mile then turn left just before Lancaster Moor Hospital, ground on right. Change in pavilion on ground.

Club Colours: Orange Shirts with Black Sleeves, Black Shorts, Black Socks.

Change Colours: ALL BLUE

Club Meeting: Held in Gregson Centre on the first Tuesday of each month at 9-00pm.

HEYSHAM RESERVES:

Secretary: Samantha Drew, 2, St. Patricks Walk, Heysham LA3 2PJ Tele: (h) 01524- 858155. (m) 0772-761-1044

Ground: Heysham High School. From Lancaster take the Lancaster to Morecambe Road. At the third roundabout take the first exit. Follow road and go over two bridges, after the second bridge turn into Osbourne Road. Changing rooms at the end of Osbourne Road in Heysham High School.

Club Colours: Sky Blue Shirts with White Trim, White Shorts, Sky Blue Socks with White Trim.

Change Colours: Red Shirts with Black Trim, Black Shorts, Black Socks. **Club**

Meeting: Held in 2 St. Patricks Walk, Heysham on the first Sunday in the month at 7-00pm.

HIGHGROVE COLTS:

Secretary: Mr Jack Mitchell, 8, Gressingham Drive, Lancaster, LA1 4RF. Tele:- 01524-845779. (m) 0793-293-3518.

Ground: Royal Albert Hospital playing fields No 2 pitch. From the Lancaster City Centre take the A6 road South past the Royal Lancaster Infirmary to roundabout. Take 3rd exit and follow road past school on right then over Railway Bridge. Take the first exit at the second mini roundabout into Cherry Tree Drive. Follow road right to car park. Change in pavilion on ground. **Do not park cars on private road, you may be clamped.** Additional car parking is available. Go over the second mini-roundabout and turn first left into car park. Ground is two minutes walk away.

Club Colours: Blue and White Hooped Shirts, Blue Shorts, Blue Socks

Change Colours: Yellow Shirts, Blue Shorts, Blue Socks

Club Meeting: Held in the Bowling Green Hotel, on the first Monday of each month at 7-30pm.

INGLETON 'A'

Secretary: Mr Peter Boardman Ingleton Hall Ingleton Via
Carnforth LA6 3BN Tele: 015242-41292 (m) 0794-188-7857

Ground: Recreation ground Burton in Lonsdale. From Lancaster through Caton then Hornby. Pass through Melling to Greta Bridge then turn sharp right and head for Burton in Lonsdale. On entering Burton in Lonsdale take the first turn right off main street, go down a hill and over a bridge. Turn immediately left. Ground approx 500 yard on right. Change and shower in portacabins.

Club Colours: Black and White Striped Shirts, Black Shorts, White Socks.

Change Colours: Black and Yellow Striped Shirts, Black Shorts, White Socks.

Club Meeting: Held in the Ex-Servicemens Club on alternate Mondays at 8-30pm:

MIDDLETON RESERVES:

Secretary: Mrs Sharon Turner 36 Dean Point Westgate Morecambe
LA3 3DJ Tele: 01524-423997.

Ground: Middleton Park. From Lancaster take the Morecambe Road to second roundabout then take first exit onto A683 road. Continue on this road to third roundabout then take first exit for 1½ miles. Ground on right. Change in pavilion on ground.

Club Colours: Red and Black Striped Shirts, Black Shorts, Red Socks.

Change Colours: Tangerine Shirts, Black Shorts Tangerine Socks.

Club Meeting: Held in Middleton Social Club on the first Monday of each month at 7-00pm.

MILLHEAD RESERVES

Secretary: Mr Drew Davidson 17a Hazelmount Drive Warton Nr
Carnforth LA5 9HR Tele: 01524-732831

Ground: Iodine Park Millhead. From Lancaster take the A6 to Carnforth. Turn left at traffic lights then first right after crossing hump backed river bridge. Change in pavilion on ground.

Club Colours: Orange Shirts, Orange Shorts, Blue Socks.

Change Colour: Yellow Shirts, Green Shorts, Yellow Socks.

Club Meeting: Held in the 'Nib' Hotel on the first Monday of each month at 7-00pm.

MOGHULS Fc:

Secretary: Mr Faruk Patel, 67, Blades Street, Lancaster, LA1 1TS. Tele: (m) 0795-847-1396.

Ground: King Georges Playing Field, No 2 pitch, Slyne Road, Lancaster. On A6 going north of Lancaster just before a Spar Shop and Canal Bridge. Change in pavilion on ground.

Club Colours: Royal Blue Shirts, Blue Shorts, Blue Socks.

Change Colours: White Shirts, Black Shorts, White Socks.

Club Meeting: Held in Moghuls Restaurant on the first Monday of each month at 7-00pm.

MORECAMBE CRICKET CLUB RESERVES:

Secretary: Mr George Millican71, Ulster Road, Bowerham, Lancaster, LA1 4AN. Tele:- 01524-846864.

Ground: Trimpel Sports Ground No 2 pitch, Outmoss Lane, Morecambe. From Lancaster take the Lancaster to Morecambe Road. At the third roundabout take the second exit, and go past Christie Park. Turn left just before the York Hotel onto James Street to the pitch. Change in pavilion next to ground.

Club Colours: Black and White Striped Shirts, Black Shorts, Black Socks.

Change Colours: Red and Black Striped Shirts, Black Shorts, Black Socks.

Club Meeting: Held in Trimpel Club on Wednesdays at 9-00pm.

MORECAMBE GOLD Fc:

Secretary: Mr Eddie McGaragher, 4, Ashley Gardens, Galgate. LA2 0NE. Tele:- 01524-753014. (m) 0784-244-6545.

Ground: Trimpel Sports Ground No 2 pitch, Outmoss Lane, Morecambe. From Lancaster take the Lancaster to Morecambe Road. At the third roundabout take the second exit, and go past Christie Park. Turn left just before York Hotel onto James Street to the pitch. Change in pavilion next to ground.

Club Colours: Gold Shirts, Blue Shorts, Blue Socks.

Change Colours: Blue Shirts, White Shorts, Blue Socks.

Club Meeting: Held in Trimpel Club on the first Monday in each month at 7-30pm.

OVERTON RESERVES:

Secretary: Mr Pat Riley, 34A, Shorefields, Carr Lane, Middleton, Morecambe LA3 3LL Tele: 01524-858773 (m) 0790-163-0133

Ground: Overton playing fields. From Lancaster take the Morecambe Road to second roundabout and take first exit. Head towards Heysham on the A683 road. At the second roundabout take the first exit onto Moss Road towards Overton. At a fork in the road bear left to Overton. Continue on Lancaster Road, entrance to ground is on the right hand side opposite Kevin Grove. (Park on road and please respect the neighbours). Change in pavilion of ground.

Club Colours: ALL BLUE

Change Colours: Red Shirts, Black Shorts, Black Socks.

Club Meeting: Held in the Ship Hotel, Overton on the first Monday of each month at 7-30pm.

VILLA ROYALE:

Secretary: Mr Jeff Dyson 27 Wordsworth Avenue Bolton Le Sands Nr Carnforth. Tele: 01524-823232

Match Day Contact: Martin Wallis 0786-763-5719

Ground: Ryelands Park No 1 pitch. From Lancaster City Centre take A6 road North over Greyhound Bridge. Take right hand fork signposted Carnforth. Then get in left hand lane and go left. At traffic lights just before a Petrol Station turn left onto Torrisholme Road. Park opening is approx 300 metres on left just before the John O'Gaunt Hotel. Change in pavilion on ground.

From the North take A6 into Lancaster. Over Canal Bridge past Petrol Station and follow road to next Petrol Station then turn right onto Torrisholme Road. Park opening is approx 300 metres on left just before John O'Gaunt Hotel. Change in pavilion on ground.

Club Colours: Sky Blue and White Striped Shirts, Navy Blue Shorts, White Socks.

Change Colours: Scarlett and Black Striped Shirts, Black Shorts Black Socks

Club Meeting: Held in the Royal Hotel Bolton Le Sands on the first Monday of each month at 8-15pm.